

## Women's Basketball All-GSC Announced

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3/4/2008

### GSC 2007-08 ALL-GSC TEAMS ANNOUNCED



**Birmingham, AL—West Georgia and Delta State** were the big winners when the 2007-08 All-GSC and other post-season awards were announced today by the Gulf South Conference.

**UWG's Craig Roden** won Coach of the Year honors in the East. **West Georgia's Dominic Cranford** was named Player of the Year and **Montevallo's Shan Jones** earned Freshman of the Year.

In the West, **Delta State's Jennifer Rushing** took the Player of the Year for the second year in a row. Her coach, **Delta State's Sandra Rushing**, earned her third straight Coach of the Year award. **Ouachita Baptist's Gabby Coleman** was the Freshman of the Year winner.

### WEST DIVISION HONORS DSU'S RUSHING WINS PLAYER OF THE YEAR

Delta State guard Jennifer Rushing earned the West Division *Player of the Year Award* for the second season in a row. Rushing joins former DSU star Caroline Boclair as they only Lady Statesman to win back-to-back Player of the Year honors. Rushing is the general of a DSU attack that is 26-0 on the season, and sports the number one ranking in the nation. She averaged 10.2 points per contest, shooting 48 percent on the year. Rushing led her team in assists, handing out 4.46 every time she stepped on the floor.

### OBU'S COLEMAN EARNS WEST FRESHMAN OF THE YEAR

**Ouachita Baptist's Gabby Coleman** was named the West Division *Freshman of the Year*. Coleman was the top scorer for OBU, putting in nearly 15 points per game, a top six mark in the GSC. The first year player connected on 36 three pointers, while also chipping in 2.26 steals per game. Coleman started 24 contests for OBU, averaging 36 minutes per game.

### DSU'S RUSHING EARNS COACH OF THE YEAR

Sixth-year Delta State head coach **Sandra Rushing** earned her third straight GSC Coach of the Year Award. Rushing has led the Lady Statesmen to a perfect 26-0 mark, and the number one ranking in the country. DSU ran through the GSC West, going 14-0 to claim the West Division title. The Lady Statesman are primed to host the NCAA Regionals as of right now, as they are the top seed in the South region.

### EAST DIVISION HONORS UWG'S CRANFORD WINS EAST DIVISION PLAYER OF THE YEAR

**West Georgia guard Dominic Cranford** earned the *Player of the Year Award*. Cranford has done it all for the Wolves, providing solid performances in each phase of the game as UWG claimed the East Division Crown. Cranford shot 45 percent from the field, scoring 14.1 points per game. She also added 4.5 rebounds while setting up her teammates to the tune of 2.7 assists. Cranford also excelled defensively, swiping almost two steals per game.

### UM'S JONES EARNS EAST FRESHMAN OF THE YEAR

**Montevallo guard Shan Jones** was named the East Division *Freshman of the Year*. Jones wasted no time making her presence felt in the GSC, scoring 9.5 points per game for the Lady Falcons. The Hartselle, Alabama, native also crashed the boards, pulling down 6.4 rebounds from the guard position. Jones started 22 games for Montevallo, and connected on 99 field goals on the season.

### UWG'S RODEN NAMED COACH OF THE YEAR

**West Georgia coach Craig Roden** was named *East Division Coach of the Year*. Roden's squad has had a wonderful season, winning the East Division title while posting a 24-3 overall record. The Wolves were 11-1 in GSC play, and are the top seed in the East for the upcoming tournament. UWG is also highly regarded in the South Region, nestled in the second spot as of the last release.

### 2008 ALL-GSC WOMEN'S BASKETBALL FIRST TEAM

**EAST DIVISION**

<b>Pos</b>	<b>Player</b>	<b>School</b>	<b>Year</b>	<b>Hometown</b>
F	Amber Rutherford	UNA	Jr.	Hatton, Ala.
G	Carley Peterson	VSU	Sr.	Atlanta, Ga.
F	Ashton Washington	UWA	Sr.	Lexington, Miss.
G	Dominic Cranford	UWG	Jr.	Jackson, Miss.
G	Tia Jackson	UWG	Jr.	New Market, Ala.

**East Division Freshman of the Year**—Shan Jones, Montevallo  
**East Division Player of the Year**—Dominic Cranford, West Georgia  
**Coach of the Year**—Craig Roden, West Georgia

**WEST DIVISION**

<b>Pos</b>	<b>Player</b>	<b>School</b>	<b>Year</b>	<b>Hometown</b>
F	Krishna Baker	ATU	Sr.	Little Rock, Ark.
F/C	Amanda Grappe	ATU	Jr.	Benton, Ark.
C	Lakira Boyd	DSU	Sr.	Memphis, Tenn.
G	Jennifer Rushing	DSU	Sr.	Hollandale, Miss.
G	Catherine McMenamy	HU	Jr.	Canyon, Texas

**West Division Freshman of the Year**—Gabby Coleman, Ouachita Baptist  
**West Division Player of the Year**—Jennifer Rushing, Delta State  
**Coach of the Year**—Sandra Rushing, Delta State

**2008 ALL-GSC WOMEN'S BASKETBALL SECOND TEAM****EAST DIVISION**

<b>Pos</b>	<b>Player</b>	<b>School</b>	<b>Year</b>	<b>Hometown</b>
G	Ashley Boykin	UAH	Jr.	Haleyville, Ala.
G	Tonya McKinney	UAH	Jr.	Miami, Fla.
G	Jamie Graham	UM	Jr.	Twin Groves, Ark.
G	Jennifer Hendricks	UM	Sr.	Oak Ridge, Tenn.
F	Nina Risto	VSU	Sr.	Stockholm, Sweden
F	Ashley Huff	UWG	Jr.	New Market, Tenn.

**WEST DIVISION**

<b>Pos</b>	<b>Player</b>	<b>School</b>	<b>Year</b>	<b>Hometown</b>
G	Andrea Dubose	UAM	Jr.	Newton, Miss.
F	Crystal Shelton	CBU	Jr.	Nashville, Tenn.
G	Jessica Boyd	DSU	Sr.	Gunnison, Miss.
F	Stacey Owens	HU	So.	Russellville, Ark.
G	Goldie White	SAU	So.	Hampton, Ark.

Head Coaches voted for All-Conference honors. Ties were not broken.