

Southern Arkansas University

Mulerider Spring Football—April 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Practices begin at 4 p.m. each day.	31 Practice 1 <i>Dress:</i> Cloth <i>Team:</i> Split <i>Spec:</i> Punt Segments	1 Practice 2 <i>Dress:</i> Cloth <i>Team:</i> Split <i>Spec:</i> Kickoff	2 Practice 3 <i>Dress:</i> Shell <i>Team:</i> Team Pass <i>Spec:</i> Punt Return	3 Practice 4 <i>Dress:</i> Full Pads <i>Team:</i> 1st & 10 Scr. <i>Spec:</i> PAT	4 <i>A.M. Weights</i>	5
6	7 Practice 5 <i>Dress:</i> Full Pads <i>Team:</i> 3 & Outs <i>Spec:</i> Kickoff Return	8 Practice 6 <i>Dress:</i> Full Pads <i>Team:</i> Red Zone <i>Spec:</i> PAT	9 Practice 7 <i>Dress:</i> Shell <i>Team:</i> Team Pass <i>Spec:</i> Punt	10 Practice 8 <i>Dress:</i> Full Pads <i>Team:</i> Scrimmage <i>Spec:</i> PAT	11 <i>A.M. Weights</i>	12
13	14 Practice 9 <i>Dress:</i> Full Pads <i>Team:</i> 3rd Down <i>Spec:</i> Kickoff	15 Practice 10 <i>Dress:</i> Shell <i>Team:</i> 2 Minute <i>Spec:</i> Punt RReturn	16 <i>P.M. Weights</i>	17 Practice 11 <i>Dress:</i> Full Pads <i>Team:</i> Scrimmage <i>Spec:</i> PAT	18 <i>A.M. Weights</i>	19
20	21 Practice 12 <i>Dress:</i> Shell <i>Team:</i> Team Pass <i>Spec:</i> Kickoff Return	22 <i>A.M. Weights</i>	23 Practice 13 <i>Dress:</i> Full Pads <i>Team:</i> Scrimmage <i>Spec:</i> PAT	24 <i>A.M. Weights</i> Draft Day	25 Practice 14 <i>Dress:</i> Cloth <i>Team:</i> Split <i>Spec:</i> All	26 Practice 15 Spring Game 9:30 a.m.
27	28	29	30			